

炫热的阳光 灿烂的都市

# SUNNY SIDE UP

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图 / 文 约瑟夫 A·利伯曼

I'd been daydreaming long enough about sunny escapes, so I decided finally to trade my winter blues for blue skies and head for San Jose, which averages 300 days of sunshine per year.

It's not just mild weather that keeps San Joseans feeling sunny side up. Thanks in part to its 6,600 high-tech companies, median household income here is consistently America's highest. That kind of economic health, wealth and vitality translates into a multitude of opportunities for those seeking the Good Life in the heart of Silicon Valley.

I wanted to taste a piece of that pie myself. After spending all of six minutes driving from the airport to the tree-shaded streets of downtown, those opportunities became readily apparent. Edgy museums, classy hotels, and fashionista galleries only scratched the surface. Exploring a little deeper, the city's dynamic cuisine, pulsating urban nightlife, and titillating vineyards vying to overtake Napa had me convinced San Jose is on a roll that's rock steady.

It's a success story that started back in 1777, when Spanish missionaries established the first civilian California settlement here. There's not much left of it today, but I did stumble across the 1797 Peralta Adobe—the oldest building in San Jose—on a corner of San Pedro Square, a marketplace filling several lively blocks with food, music, and merchandise. Vino Vino is the standout wine bar here, thanks largely to a unique stainless steel arch with 13 spigots dispensing the fine fermented fruits of local vintners.

## Bright Life, Sunny City

With an eye to something for everyone, San Jose offers the mystical Rosicrucian Egyptian Museum and Planetarium. A mini-version of the Karnak Temple of Amun, the Rosicrucian showcases the West Coast's largest collection of ancient Egyptian artifacts, including treasures of Cleopatra and King Tut.

Hieroglyphics tell us how such royalty lived, ate, and slept, but if those potentates reincarnated today, they'd

我想去阳光明媚的地方度假，想摆脱冬日抑郁的冲动已蛰伏许久。最后我决定飞往每年平均有 300 天是晴天的圣何塞，享受蓝天白云与煦日和风。

不仅是晴天有助于圣何塞人保持灿烂阳光般的美好心情，座落于硅谷中心的圣何塞除了怡人的气候外，还拥有 6600 家高科技企业，家庭年均收入一直保持着美国之最，经济的发达、生活的富足以及城市的活力为那些来硅谷寻找理想生活的人们提供了许多发展的机会。

这样一个美味如果派般的城市，令人想细细品味。从机场乘车至圣何塞市中心只需 6 分钟，绿树成荫的市中心在我眼前展现了各种“机会”。这里时尚现代的博物馆、豪华气派的酒店、高级时装店铺鳞次栉比，令城市的大街小巷皆熠熠生辉。而在豪华的外表下，这里还具有深层内涵，有蕴含着无限活力的饮食文化、激越动感的夜生活，还有可与纳帕谷媲美的葡萄庄园，所有这一切都说明圣何塞的发展如日中天。

圣何塞自 1777 年起步，一路成功顺遂。这里最初是由西班牙传教士在加利福尼亚州建立的第一个居民区。现在，早期开发的痕迹几乎全无，不过我仍旧有幸造访了座落于圣佩德罗广场转角的佩拉尔塔·奥多比，它是圣何塞最古老的建筑，建于 1797 年。与圣佩德罗广场隔着几个街区的是一个充满活力的集美食、音乐、购物于一体的大市场。座落于此的 Vino Vino 著名葡萄酒馆店内装有一个拱形不锈钢管子，管子上配有 13 个龙头，供应由当地酒商酿制的精美果酒，可谓创意独到。

## 城市生活多明媚

为了满足所有人的口味及情调，这里还建有一座魔幻蔷薇十字会埃及博物馆兼天文馆。在这座卡纳克神殿的微缩版中，荟萃着美国西海岸最大的古埃及艺术品珍藏，其中包括埃及艳后和国王图坦的宝物。

象形文字为我们揭示了古代埃及王室的起居饮食。假如他们真能在今生复活，定会觉得圣何塞的现代化宾馆和高级酒店一如其豪华的宫殿，舒适惬意。

这里令人印象深刻的店家更是数不胜数，比如著名的迈克尔·米纳的阿卡迪亚牛排店，就是其中一家。主厨艾文·波里克，将美国菜和日本牛肉及鱼肉做到极致，再配上美味可口的配菜，让美食充满现代的新鲜气息。

高井寿司清酒吧是另一个勾人食欲的去处，只占据酒店的一个角落，却是酒香不怕巷子深。店中的“分享”海鲜套餐，无论从餐盘尺寸还是店家的挑战精神来看都是里程碑。因为朋友愿意一起分



is also home to the 4-star La Pastaia restaurant, definitely the best of the Italian league with virtuoso chef Juan Zaragoza and pastry guru Amy Van Clef in the kitchen.

Amid upscale boutiques, designer galleries, and entertainment venues of Santana Row, the Hotel Valencia's astonishing Citrus restaurant blends innovative pan-Asian cookery with locally sourced field, farm, and surf ingredients. Nearby at ground level, the Village Bistro features creative California cuisine inside and at a sidewalk cafe.

The shopping blocks of Santana Row are located near Winchester Mystery House, a bizarre 160-room mansion built by a rich, eccentric widow with more money than logic. One option is to stick with a tour guide or risk



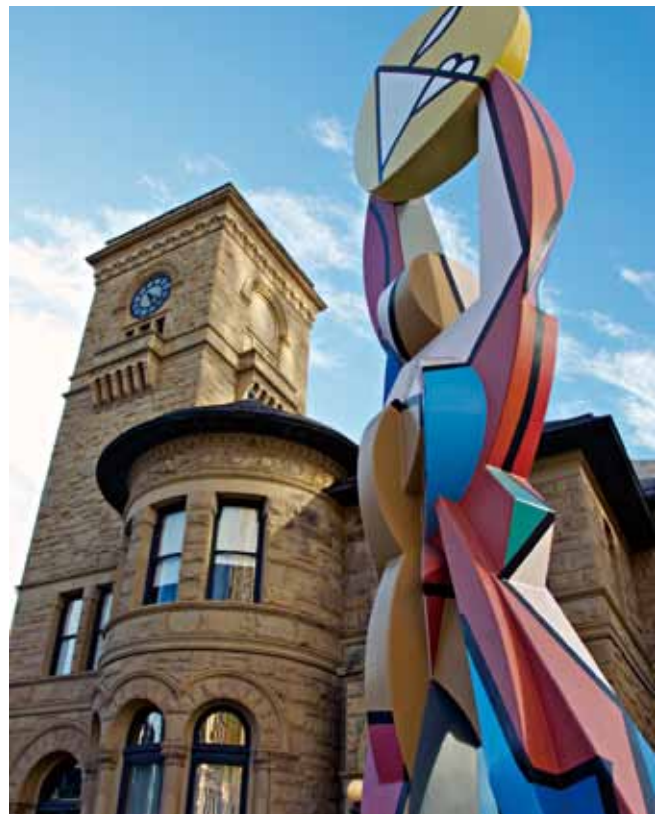
no doubt find familiar comfort in San Jose's high-end hotels and their top-rated restaurants.

One impressive example is celebrity restaurateur Michael Mina's Arcadia steakhouse, where chef Evan Perlick embroiders masterful combinations of U.S. and Wagyu beef and fish with superb side selections in a refreshingly contemporary setting.

Takai Sushi & Sake Bar is another taste-tempting place that takes up only one intimate corner of its hotel, but its "sharing plates" are monumental in size and ambition. With friends eagerly assisting, I feasted on towers of tatakai, mango chicken, and voluminous plates of sliced, diced, and rice-tucked variations of raw fish and veggies. Takai sits opposite the Tech Museum of Innovation—very Silicon Valley—and close to the San Jose Museum of Art.

## Tasty Odyssey

The hottest jazz spot in town is the remarkable Hedley Club Lounge at the classic, art deco Hotel De Anza, a graceful San Jose landmark for over 80 years. As luck would have it, I showed up on Jazz Festival weekend, one of numerous annual musical celebrations. The De Anza





食，于是我大胆点了这个“大餐”，堆积如塔的剁鱼块、芒果鸡肉和一盘盘用切成片或丁的生鱼及各种蔬菜做的寿司。高井寿司酒吧座落于极具硅谷特色的创新技术博物馆的对面，邻近圣何塞艺术博物馆。

### 美味珍景可探奇


在古典、充满艺术气息的德安扎酒店，圣何塞最热的爵士乐圣地 Hedley 俱乐部就入住于此。德安扎酒店有 80 年的历史，是圣何塞的地标建筑。圣何塞每年举办丰富多彩的音乐庆典，爵士音乐节是其中之一，我有幸参加了爵士音乐节的周末盛会。德安扎酒店中还有一个名为 La Pastaia 的 4 星级餐厅，这里聘请大厨胡安·萨拉戈萨和著名面点师艾米·万·克莱佛在店中挑大梁，两位皆是意大利料理界中的佼佼者。

在桑塔纳商业街众多高级时尚店铺、名师设计画廊及娱乐街



wandering this maze of rooms, windows facing walls, and stairways to nowhere.

Speaking of wandering, just a bit, I had a fine time exploring the Santa Cruz Mountains southwest of San Jose in search of fabled vineyards like Picchetti, one of the oldest in California, and J. Lohr, recognized for its leading efforts in sustainability. I did make it to the picture-perfect Byington Vineyard & Winery's excellent tasting room, complete with outdoor bocce ball court and stunning views of Monterey Bay.

Also known for its walkability, from city plazas galore to scores of outdoor parks just beyond the city, San Jose is a healthy and vital city where it's only too easy to walk on the sunny side of the street and where gardens, flea markets, and art museums and more are all at your feet. 



区中，瓦伦西亚酒店的 Citrus 餐厅独出心裁，将亚洲各地的创新风味与当地特有的田园、农场及海鲜食材完美结合。不远处的 Village Bistro( 村庄酒家)，在店里和露天座位区里供应极具创新风格的加利福尼亚美食。

桑塔纳商业街的购物区位于邻近温彻斯特神秘屋的地方，这个神秘屋是由一位富庶有钱却思维混乱的怪异寡妇建造。整栋房子由 160 个房间构成，如想在神秘屋中不迷路，最好的选择就是跟着向导走，在建筑中你会看到诸如窗子面向墙壁而建、楼梯尽头无去处等奇异景象。

说到游览，我确实体验了在此逍遥畅游的惬意，我深入到了圣何塞西南方的圣塔克鲁兹山，寻求世外桃源般的葡萄园景致，如加州最古老的葡萄园区 Picchetti 和极具可持续发展前景的 J. Lohr。我还有幸进入完美如画的拜因坦酒庄的品酒间，这里极尽精致优雅，室外有地滚球场，还能够俯瞰景色优美的蒙特利海湾。

这是一块十分适合漫步徜徉的土地。城市广场和郊外公园皆开阔怡人，为散步提供了许多绝佳场所。圣何塞是一座健康且活力充沛的城市，到处都是阳光灿烂的街道、美丽的公园，还有跳蚤市场、艺术博物馆及许多美不胜收的景致。

#### Getting There

From January 11, ANA serves San Jose with five round-trip flights departing weekly from Narita Airport.

#### 交通

从 1 月 11 日起，ANA 每日皆有班机往返于圣何塞和成田机场之间。